

# deals

December 27, 2023–January 30, 2024

Scan to download!



Seventh Generation  
Dish Liquid  
(selected varieties)

**\$3.49**

19 oz



Food For Life  
Organic Ezekiel  
4:9® Bread  
(selected varieties)

**\$5.29**

24 oz

## Ring in the new year with healthy savings

Lesser Evil  
Organic Popcorn  
(selected varieties)



**2/\$6**

4.6–6.4 oz

Health-Ade  
Organic Kombucha  
(selected varieties)



**\$2.79**

16 oz

Lundberg Family Farms  
Organic Rice Cakes  
(selected varieties)



**\$3.49**

8.5–11 oz

Cascadian Farm Organic  
Organic Potatoes  
(selected varieties)



**\$3.79**

16 oz

Muir Glen  
Organic Tomatoes  
(selected varieties)



**2/\$3**

14.5–15 oz

Annie's  
Mac & Cheese  
(selected varieties)



**4/\$5**

5.25–6 oz

Cascadian Farm Organic  
Organic Cereal  
(selected varieties)



**2/\$7**

8.6–14.6 oz

Almond Breeze  
Almondmilk



**\$2.49**

32 oz

Just Ice Tea  
Organic Ice Tea  
(selected varieties)



**2/\$4**

16 oz



Bragg is here to help you live more vibrantly. With clean, ingredient-led products backed by a century of time-tested wisdom, Bragg remains passionately focused on helping everyone eat better, feel better and enjoy a more healthful, vibrant life.



**Bragg Nutritional Yeast**

**\$4.99**

3-4.5 oz



**Bragg Organic Apple Cider Vinegar**

**\$5.29**

32 oz



**Bragg Organic Dressing (selected varieties)**

**\$5.29**

12 oz

**Mori-Nu Silken Tofu (selected varieties)**



**\$2.29**

11.5-12.3 oz

**Ancient Harvest Organic Polenta**



**\$3.29**

18 oz

**Pacific Foods Organic Soup (selected varieties)**



**\$4.29**

32 oz

**Tasty Bite Indian Entrée (selected varieties)**



**2/\$6**

10 oz

**Koyo Ramen (selected varieties)**



**\$0.99**

2-2.1 oz

**Mike's Mighty Good Craft Ramen (selected varieties)**



**\$1.89**

1.6-2.4 oz

**Lotus Foods Organic Rice Ramen**



**\$4.79**

10 oz

**Muir Glen Organic Pasta Sauce (selected varieties)**



**2/\$6**

23.5 oz

**Napa Valley Naturals Organic Extra Virgin Olive Oil**



**\$13.99**

25.4 oz



**Primal Kitchen**  
**Mayo with Avocado Oil**  
 (selected varieties)

**\$7<sup>99</sup>**

12 oz



**Justin's**  
**Almond Butter**  
 (selected varieties)

**\$8<sup>79</sup>**

16 oz



**Once Again Nut Butter**  
**Organic Tahini**  
 (selected varieties)

**\$7<sup>49</sup>**

16 oz



**Bonafide Provisions**  
**Organic Broth**

**\$3<sup>49</sup>**

32 oz



**Bonafide Provisions**  
**Organic Bone Broth**  
 (selected varieties)

**\$7<sup>49</sup>**

24 oz



Bonafide Provisions believes that food is medicine. Crafted by a chef and a nutritionist, we only use Real Food ingredients you'd find in your own kitchen. No shortcuts, just pure, wholesome food. Taste the difference and elevate your recipes with one of our award-winning products.

**Kettle & Fire**  
**Bone Broth**  
 (selected varieties)

**\$5<sup>49</sup>**

16.9 oz



**Sky Valley**  
**Sriracha Sauce**

**\$5<sup>29</sup>**

18.5 oz



**Green Mountain Gringo**  
**Salsa**

**\$4<sup>49</sup>**

16 oz



Siete is a Mexican-American food brand, rooted in family, that creates delicious products with better-for-you ingredients. They're on a mission to inspire inclusivity around the table by sharing heritage-inspired foods for a variety of dietary needs and preferences—because *Juntos es Mejor!*



**Siete**  
**Grain Free Tortillas**  
 (selected varieties)

**\$6<sup>99</sup>**

8 ct



**Siete**  
**Grain Free Taco Shells**

**\$4<sup>29</sup>**

5.5 oz

**Food Should Taste Good**  
**Tortilla Chips**

**\$2<sup>79</sup>**

5.5 oz



# Back to Nature

Plant Based Snacks



**Back to Nature Crackers**  
(selected varieties)

**\$3.29**

6 oz

Since 1960 Back to Nature® has been creating delicious and flavorful recipes inspired by nature. We carefully select our ingredients to create great-tasting products that are better for you!



**Back to Nature Cookies**  
(selected varieties)

**\$3.99**

8-10.7 oz

## Inka Crops Plantain Chips



**2/\$4**

3.25-4 oz

## Barnana Organic Plantain Chips

(selected varieties)



**2/\$7**

5 oz

## EPIC Meat Snack Strip



**\$1.29**

0.8 oz

## gimme Organic Organic Roasted Seaweed Snacks

(selected varieties)



**\$1.79**

0.32-0.35 oz

## From The Ground Up Crackers

(selected varieties)



**2/\$5**

3.5-4 oz

## GoMacro Organic MacroBar



**2/\$5**

2-2.3 oz

## Larabar Fruit & Nut Bar

(selected varieties)



**5/\$5**

1.6-1.7 oz

## MadeGood Organic Granola Bars



**\$3.79**

6 ct

## One Degree Organics Organic Sprouted Cereal

(selected varieties)



**\$4.29**

8-10 oz

## Catalina Crunch Keto Friendly Cereal

(selected varieties)



**\$6.99**

8-9 oz

## Birch Benders Organic Pancake & Waffle Mix

(selected varieties)



**\$4.29**

14-16 oz



Bob's Red Mill  
Organic Gluten Free Oats

**\$7<sup>49</sup>**

32 oz



Purely Elizabeth  
Granola  
(selected varieties)

**\$5<sup>79</sup>**

8-12 oz



Jovial  
Organic Einkorn Flour  
(selected varieties)

**\$6<sup>29</sup>**

32 oz



The Ginger People  
Gin Gins® Ginger Candy  
(selected varieties)

**2/\$5**

3-3.5 oz



Laird Superfood  
Superfood Creamer  
(selected varieties)

**\$6<sup>79</sup>**

8 oz



Navitas  
Organic Cacao Powder

**\$7<sup>79</sup>**

8 oz



Choice Organic Teas  
Organic Tea  
(selected varieties)

**2/\$6**

16 ct



nutpods  
Dairy-Free Creamer  
(selected varieties)

**\$2<sup>79</sup>**

11.2 oz



SmartSweets  
Candy  
(selected varieties)

**2/\$5**

1.8 oz



Four Sigmatic  
Organic Mushroom Coffee  
(selected varieties)

**\$13<sup>99</sup>**

12 oz



SweetLeaf  
Liquid Stevia  
(selected varieties)

**\$7<sup>29</sup>**

2 oz



**Yogi™**

Purposefully formulated to support your well-being, Yogi encourages you to take a moment to pause and let your body and mind unwind with a soothing cup of tea. Discover your favorite Yogi Tea today.

Yogi  
Tea  
(selected varieties)

**2/\$7**

16 ct



# CALIFIA FARMS®

Califia Farms is on a mission to create a future where plants replace dairy, without compromise. Califia produces innovative, healthy, and great-tasting plant-based alternatives to dairy.



Califia Farms Almondmilk

**\$4.29**

48 oz



Califia Farms Coconut and Almondmilk Blend

**\$4.29**

48 oz



Califia Farms Oatmilk (selected varieties)

**\$4.29**

48 oz

Nixie Sparkling Water Organic Sparkling Water (selected varieties)

**\$4.99**

8 ct



Zevia Zero Calorie Soda

**\$5.49**

6 ct



ROAR Organic Organic Vitamin Enhanced Beverage

**\$1.79**

18 oz



Lakewood Organic Pure Cranberry Juice

**\$9.29**

32 oz



R.W. Knudsen Just Black Cherry Juice

**\$5.29**

32 oz



Goldthread Plant Based Tonic (selected varieties)

**\$2.99**

12 oz



Milkadamia Macadamia Milk (selected varieties)

**\$4.29**

32 oz



RISE Brewing Co. Organic Oat Milk

**\$3.99**

32 oz



So Delicious Organic Coconutmilk (selected varieties)

**\$2.79**

32 oz



# Cheers to healthier hydration!

Essentia  
Alkaline Water



**\$2.19**

1.5 lt

Vita Coco  
Coconut Water  
(selected varieties)



**2/\$4**

500 ml

Harmless Harvest  
Organic Coconut Water



**\$3.79**

16 oz

Orgain  
Organic Vegan Nutritional Shake



**\$2.79**

11 oz

GT's  
Organic Kombucha  
(selected varieties)



**\$7.29**

48 oz

KeVita  
Organic Kombucha  
(selected varieties)



**2/\$5**

15.2 oz

Three Trees  
Organic Almondmilk



**\$5.99**

28 oz

Silk  
Organic Soy milk



**\$4.49**

64 oz

REBBL  
Organic Protein Elixir  
(selected varieties)



**2/\$7**

12 oz

Perfect Bar  
Protein Bar  
(selected varieties)



**2/\$5**

2.18-2.5 oz

Cocojune  
Organic Dairy-Free Coconut Yogurt



**\$1.79**

4 oz

Brown Cow  
Cream Top Whole Milk Yogurt  
(selected varieties)



Forager Project  
Organic Cashewmilk Yogurt  
(selected varieties)



**\$5.29**

24 oz

siggi's  
Icelandic Style Yogurt



**\$1.39**

5.3 oz

**5/\$5**

5.3 oz





# BEYOND MEAT®

Our plant-based meats are made with simple, non-GMO ingredients to deliver the meaty experience you crave without the compromise. Each of our products are also a good source of protein with no cholesterol.



**Beyond Meat  
Beyond Burger**

**\$3.99**

8 oz



**Beyond Meat  
Beyond Breakfast  
Sausage**

**\$3.29**

7.4 oz



**Beyond Meat  
Beyond Sausage Links  
(selected varieties)**

**\$5.99**

14 oz

**Miyoko's  
Organic Vegan Cream Cheese  
(selected varieties)**

**\$4.29**

8 oz



**Organic Valley  
Organic String Cheese**

**\$5.29**

8 oz



**Violife  
Just Like Feta Block**

**\$4.99**

8.1 oz



**Tofurky  
Plant-Based Deli Slices  
(selected varieties)**

**\$3.79**

5.5 oz



**Gardein  
Meatless Meat  
(selected varieties)**

**\$4.49**

8.1-13.7 oz



**Deep Indian Kitchen  
Samosas**

**\$4.79**

7.5-12 oz



**wildbrine  
Kimchi  
(selected varieties)**

**\$6.79**

18 oz



**Ithaca  
Hummus**

**\$3.79**

10 oz





**Bitchin' Sauce**  
Sauce  
(selected varieties)

**\$4.79**

8 oz



**Udi's Gluten Free**  
Gluten Free Sandwich Bread

**\$4.79**

12 oz



**Against The Grain**  
Original Baguettes

**\$6.29**

15 oz



**Daiya**  
Dairy-Free Cheese  
Style Shreds  
(selected varieties)

**\$3.79**

7.1 oz



**Daiya**  
Dairy-Free Slices  
(selected varieties)

**\$3.79**

7.8 oz



**Daiya**  
Dairy-Free

Daiya crafts cheese and cheesy foods with all the melty, stretchy deliciousness of dairy cheese but made from a new and wonderful source: plants.

**Wyman's of Maine**  
Wild Blueberries

**\$3.79**

15 oz



**Sambazon**  
Organic Frozen Fruit Smoothie Packs  
(selected varieties)

**\$5.29**

4/100 g



## Berries and Cream Crêpes

1 HR • MAKES 10 • VEGETARIAN

### INGREDIENTS

1 cup all-purpose flour	3 tablespoons melted, unsalted butter
1 tablespoon sugar	1 pint raspberries
½ teaspoon sea salt	1 pint blueberries
¾ cup whole milk	2 cups whipped cream
½ cup water	1 ¼ cup fruit jam or preserves
2 eggs	

### DIRECTIONS

- Whisk together flour, sugar, and sea salt. Set aside.
- Combine milk, water, and eggs in a separate bowl.
- Add milk and water into the flour mixture and whisk until smooth. Add in melted butter gradually.
- Allow crêpe batter to rest for 30-60 minutes to allow air bubbles to come to the surface.
- Heat a skillet to medium. Using a little butter to grease the pan, pour ¼ cup batter into pan and immediately swirl the batter to coat the bottom. Cook crêpes until the bottom starts to turn golden, about three minutes. Flip over and cook for a few more moments. Repeat with remaining batter.
- To serve, spread two tablespoons of jam per crêpe and fold twice. Garnish each with whipped cream and berries.



Bach  
Rescue Remedy



\$14.99

20 ml

Prince of Peace  
Ginger Honey Crystals



\$3.49

10 ct

Beekeeper's Naturals  
Propolis Immune  
Support Throat Spray



\$10.49

30 ml

Bluebonnet Nutrition  
Liquid Calcium Magnesium Citrate



\$13.99

16 oz

Urban Moonshine  
Organic Bitters



\$17.99

2 oz

Natural Factors  
WellBetX® Berberine 500 mg



\$20.99

60 vcap

Jarrow Formulas  
Saccharomyces Boulardii + MOS



\$25.99

90 vcap

Sovereign Silver  
Bio-Active Silver Hydrosol



\$19.99

4 oz

Gaia Herbs  
Black Elderberry Syrup



\$14.99

3 oz

Boiron  
Oscillococinum



\$11.99

6 dose

Manitoba Harvest  
Organic Hemp Hearts



\$12.99

12 oz

MegaFood  
Blood Builder



\$11.99

30 tab

NOW Foods  
D-Mannose 500mg



\$18.99

120 vcap

Om  
Lion's Mane



\$17.99

100 g

Carlson  
Cod Liver Oil



\$26.99

250 ml



Vital Proteins  
Collagen Peptides

**\$20<sup>99</sup>**

10-13.5 oz



Ancient Nutrition  
Multi Collagen Protein Powder

**\$38<sup>99</sup>**

459-525 g



Solaray  
Microbiome Women's Probiotic

**\$30<sup>99</sup>**

30 ct



Garden of Life  
Organic Sport Protein

**\$29<sup>99</sup>**

806-840 g



Ester-C  
Ester-C® 1000 mg with  
Citrus Bioflavonoids

**\$23<sup>99</sup>**

90 cap



ChildLife Essentials  
Liquid Vitamin C

**\$5<sup>79</sup>**

4 oz



Organic India  
Organic Ashwagandha

**\$17<sup>99</sup>**

90 cap



Himalaya  
PartySmart

**\$1<sup>99</sup>**

1 ct



Nordic Naturals  
Ultimate Omega

**\$36<sup>99</sup>**

120 ct



Lily of the Desert  
Organic Aloe Vera Juice

**\$5<sup>79</sup>**

32 oz



Charlotte's Web  
Hemp Extract Gummy

**\$34<sup>99</sup>**

60 ct



Andalou Naturals  
Age Defying Resveratrol Q10  
Night Repair Cream



Dr. Bronner's  
Organic Toothpaste

**\$5<sup>29</sup>**

5 oz



Desert Essence  
Dental Floss

**\$2<sup>99</sup>**

50 yd



**\$18<sup>99</sup>**

1.7 oz



# everyday

## Products with everyday low prices.

We are committed to providing you with access to natural and organic foods at a great price. With Everyday, you can always save big on the products you rely on—from frozen fruits and veggies to pantry staples.

## Score BIG with game day essentials!

Organic Popcorn  
(selected varieties)

4-5 oz

**\$2.99**



Oven-Baked Cheddar Cheese Curls

7 oz

**\$2.79**



Organic Broth  
(selected varieties)

32 oz

**\$2.29**



Organic Dry Beans  
(selected varieties)

15 oz

**\$3.49**



Organic Canned Beans  
(selected varieties)

15 oz

**\$1.29**

Prices may vary by location



## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.

